

How to contact

YVIA

Write to the

YVIA co-ordinator

c/o ASBAH North

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Visit the ASBAH website

to find out more

<http://www.asbah.demon.co.uk/>

ASBAH

ASBAH was founded over 30 years to support the then large number of parents with babies who survived with spina bifida and hydrocephalus.

YVIA

is Your Voice in ASBAH, the user-forum of the Association for Spina Bifida and Hydrocephalus (ASBAH). It was set up to promote the active involvement of disabled members locally and nationally with the work of the Association.

YVIA HAS:

- a dedicated co-ordinator
- nearly 50% membership of the ASBAH Executive Committee
- editorial input to Lift magazine and articles from YVIA in Link
- a training programme for those wanting knowledge of disability and related issues, including employment
- opportunities to reply to ASBAH and national consultation exercises.
- links with overseas via *jffHSB* – the International Federation for Hydrocephalus and Spina Bifida



Association for Spina Bifida
and Hydrocephalus
42 Park Road, Peterborough
PE1 2UQ
Registered Charity Number 249338

YOUR LIFE in YOUR HANDS!

Take control
of it with

YOUR VOICE
IN ASBAH

What is YVIA?

■ YVIA is Your Voice in ASBAH, the user-forum of the Association for Spina Bifida and Hydrocephalus (ASBAH).

■ Groups of people, aged 16 and over, in England. Everyone involved has spina bifida and/or hydrocephalus.

[Similar groups are also at work in N and S Wales and N Ireland]

■ We encourage people with the two medical conditions to play a major part in ASBAH's future.

■ We all use ASBAH services, nationally and/or locally.

■ We want disabled people to make choices and achieve their rightful place in society.

Our activities include:

■ Providing members with regular news about and invitations to YVIA meetings

■ Links with other organisations which want to extend user-involvement.

■ User-input to ASBAH locally and nationally on different issues.

■ Lobbying on disability issues.

■ A national Steering Group, made up entirely of people with spina bifida and/or hydrocephalus, which oversees the development of YVIA.

■ The social side of YVIA, which binds us together.

What do we do?

How can we work together?

When you join YVIA, you will have opportunities to:

■ play a part in shaping ASBAH's work

■ Work together to break attitudes and barriers which exclude and discriminate against us

■ Meet with others with spina bifida and/or hydrocephalus at training courses and ASBAH events to influence policy-makers and widen your social contacts

■ Help ensure that, as a disabled person, you really can keep

'YOUR LIFE IN YOUR HANDS'